FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20040	OMB APPROVA			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	323		

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## Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

										.,								
1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol LABORATORY CORP OF AMERICA								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Schechter Adam H				HOLDINGS [ LH ]								X Directo	10% Owner					
													X Officer below)	Officer (give title			Other (specify below)	
(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 11/01/2019								below)	Presiden	t & C				
531 SOUTH SPRING STREET																		
(0)				— [·	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) BURLINGTON NC 27215										Lir	X Form filed by One Reporting Person							
ECKENTON NO 27215												Form filed by More than One Reporting						
(City)	()	State)	(Zip)								Person							
		Tal	ble I - Non-D	Perivat	ive S	ecuritie	s A	cquired, D	Dispos	sed of	f, or Ber	eficia	lly Owned					
1. Title of Security (Instr. 3)					ction 2A. Deemed 3. 4. Securities Acquired Execution Date, Transaction Disposed Of (D) (Instr					d (A) or	5. Amou Securitie		of 6. Ownership Form: Direct		7. Nature of			
Date (Month/I			//Year)	if any		Code (Instr. 5)		1 Of (D) (INSTr. 3, 4 a		Benefici	ally (D)		Indirect	Beneficial Ownership (Instr. 4)				
			(Month/Day/Yea		· <del>  ·   ·                              </del>	$\dashv$	Amount (A) or D		т —	Owned Following Reported Transaction(s)								
						Code	V An	nount	nt (A) OI P		(Instr. 3							
			Table II - De										/ Owned					
			(e.	g., put	s, cal	ls, warı	rant	s, options	s, con	vertib	le secu	rities)						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Cod	saction e (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		and	7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		Derivative Security	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
												Amount	7					
								Date	Evni	ration		or Number of	· [					
				Cod	e v	(A)	(D)	Exercisable			Title	Shares						
Restricted Stock Unit	(1)	11/01/2019		A		6,020		(2)	(	(2)	Common Stock	6,020	\$0	7,247 <sup>(3</sup>	3)	D		
Non- qualified Stock Options <sup>(4)</sup>	\$166.53	11/01/2019		A		24,800		11/01/2020 <sup>(5</sup>	5) 10/31	1/2029	Common Stock	24,800	\$0	24,800		D		
Non- qualified Stock Options <sup>(4)</sup>	\$191.51	11/01/2019		A		65,100		11/01/2020 <sup>(5</sup>	5) 10/31	1/2029	Common Stock	65,100	\$0	65,100		D		

## **Explanation of Responses:**

- 1. Each Restricted Stock Unit represents the contingent right to receive one share of Laboratory Corporation of America Holdings Common Stock.
- $2. \ The \ Restricted \ Stock \ Units \ vest \ in \ three \ equal \ annual \ installments \ beginning \ on \ 11/1/2020.$
- 3. This number reflects the aggregate number of Restricted Stock Units held by the reporting person.
- 4. Employee stock option (right to buy) granted pursuant to the Laboratory Corporation of America Holdings 2016 Omnibus Incentive Plan.
- 5. The option vests in three equal installments beginning on the date reflected in this column.

/s/ Sandra D. van der Vaart, Attorney-in-Fact for Adam H.

11/05/2019

Schechter

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.