# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### **SCHEDULE 14A**

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No. )

Filed by the Registrant $\ oxtimes$		egistrant ⊠ Filed	by a Party other than the Registrant $\ \square$	
Check	the app	propriate box:		
	Preliminary Proxy Statement  Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))  Definitive Proxy Statement  Definitive Additional Materials  Soliciting Material under §240.14a-12			
			Corporation of America Holdings Name of Registrant as Specified In Its Charter)	
		(Name	of Person(s) Filing Proxy Statement, if other than the Registrant)	
Paym	yment of Filing Fee (Check the appropriate box):			
X	No fee	No fee required.		
	Fee co	Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.		
	(1)	Title of each class of securities to v	vhich transaction applies:	
	(2)	Aggregate number of securities to	which transaction applies:	
	(3)	Per unit price or other underlying v filing fee is calculated and state ho	alue of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the w it was determined):	
	(4)	Proposed maximum aggregate value of transaction:		
	(5)	Total fee paid:		
	Fee paid previously with preliminary materials.			
	Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.			
	(1)	Amount Previously Paid:		
	(2)	Form, Schedule or Registration Sta	atement No.:	
	(3)	Filing Party:		
	(4)	Date Filed:		

### \*\*\* Exercise Your Right to Vote \*\*\*

# Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on May 13, 2020.

#### LABORATORY CORPORATION OF AMERICA HOLDINGS

CABURATORY CORPORATION OF AMERICA HOLDINGS 358 SOUTH MAIN STREET BURDINGTON, INC 27215

#### **Meeting Information**

Meeting Type: Annual Meeting For holders as of: March 25, 2020

Date: May 13, 2020 Time: 9:00 A.M. EDT
Location: Meeting live via the Internet-please visit
www.virtualshareholdermeeting.com/LH2020

You are receiving this communication because you hold shares in the company named above.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

#### Before You Vote

How to Access the Proxy Materials

#### Proxy Materials Available to VIEW or RECEIVE:

NOTICE AND PROXY STATEMENT ANNUAL REPORT

#### How to View Online:

#### How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

BY INTERNET: www.proxyvote.com
 BY TELEPHONE: 1-800-579-1639

3) BY E-MAIL\*: sendmaterial@proxyvote.com

\* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow → XXXX XXXX XXXX (located on the following page) in the subject line.

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before April 29, 2020 to facilitate timely delivery.

#### — How To Vote —

#### Please Choose One of the Following Voting Methods

#### Vote By Internet:

Before The Meeting:

Go to www.proxyvote.com. Have the information that is printed in the box marked by the arrow
DXXXX XXXX XXXX XXXX (located on the following page) available and follow the instructions.

During The Meeting:

Go to www.virtualshareholdermeeting.com/LH2020. Have the information that is printed in the box marked by the arrow →XXXX XXXX XXXX XXXX (located on the following page) available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

Vote By Telephone: Go to www.proxyvote.com to view the materials and to obtain the telephone number to call. Have information that is printed in the box marked by the arrow → XXXX XXXX XXXX XXXX (located on the following page) available and follow the instructions.

005647-P36519

#### Voting Items

# The Board of Directors recommends you vote FOR each of the Nominees listed in the following proposal:

 Election of the members of the Company's Board of Directors.

#### Nominees:

- 1a. Kerrii B. Anderson
- 1b. Jean-Luc Bélingard
- 1c. Jeffrey A. Davis
- 1d. D. Gary Gilliland, M.D., Ph.D.
- 1e. Garheng Kong, M.D., Ph.D.
- 1f. Peter M. Neupert
- 1g. Richelle P. Parham
- 1h. Adam H. Schechter
- R. Sanders Williams, M.D.

# The Board of Directors recommends you vote FOR the following proposals:

- To approve, by non-binding vote, executive compensation.
- Ratification of the appointment of PricewaterhouseCoopers LLP as Laboratory Corporation of America Holdings' independent registered public accounting firm for 2020.

# The Board of Directors recommends you vote AGAINST the following proposal:

 Shareholder proposal seeking the power for shareholders of 10% or more of our common stock to call a special shareholder meeting.

**NOTE:** Such other business as may properly come before the meeting or any adjournment thereof.