Instruction 1(b)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D).C. 2	20549
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Seltz Judith C						2. Issuer Name and Ticker or Trading Symbol LABORATORY CORP OF AMERICA HOLDINGS [LH]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title Other (specify				
(Last) 531 SOU	`	rst) G STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 02/04/2020								below) below) Chief Human Resources Officer				
(Street) BURLIN (City)	IGTON N	_	27215 (Zip)	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			ransaction e nth/Day/Y	Execution Date		Oate, Code (Instr. 3, 4 (Nor. 8)			and Securities Beneficially Owned Following Reported Transaction(c)		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
													Price				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date Execution or Exercise (Month/Day/Year) if any Control of Cont		Code	action (Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)		le and	7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable		opiration ate	Title	Amount or Number of Shares					
Restricted Stock Unit	(1)	02/04/2020		A		840		(2)		(2)	Common Stock	840	\$0	840		D	
Non- qualified Stock Options ⁽³⁾	\$182.51	02/04/2020		A		3,600		02/04/2021 ⁽⁴	02	2/03/2030	Common Stock	3,600	\$0	3,600		D	

Explanation of Responses:

- 1. Each Restricted Stock Unit represents the contingent right to receive one share of Laboratory Corporation of America Holdings Common Stock.
- 2. The Restricted Stock Units vest in three equal annual installments beginning on February 4, 2021.
- 3. Employee stock option (right to buy) granted pursuant to the Laboratory Corporation of America Holdings 2016 Omnibus Incentive Plan.
- 4. The option vests in three equal annual installments beginning on the date reflected in this column.

/s/ Sandra van der Vaart,

Attorney-in-Fact for Judith C. 02/06/2020

Seltz

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.