FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-02								

287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* MITTELSTAEDT ROBERT E JR						2. Issuer Name and Ticker or Trading Symbol LABORATORY CORP OF AMERICA HOLDINGS [LH]									(Ch	eck all appli X Directo	cable) or	10% Owner		ner
(Last) (First) (Middle) 430 SOUTH SPRING STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/07/2008										below)	(give title		below)	респу
(Street) BURLINGTON NC 27215 (City) (State) (Zip)					- 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	Individual or Joint/Group Filing (Check Applicable le) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(0.5)			ole I - Nor	n-Deriv	vativ	e Se	curitie	s A	can	ired. D	isr	nosed o	f. or l	Ben	eficial	v Owner				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					saction	ear)	2A. Deem Execution	A. Deemed xecution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			I (A) or	5. Amou Securiti Benefici Owned	nt of es ally -ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									ĺ	Code V		Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 05/07/					7/200	/2008			Α		900	900 A		\$0	9,4	108(1)		D		
		-	Table II -									sed of, onvertil				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisab Expiration Date (Month/Day/Year)			Amou Secui Unde Deriva		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	e ercisable		xpiration ate	Title		Amount or Number of Shares					
Non- qualified Stock Option ⁽²⁾	\$75.63	05/07/2008			A		5,300		05/0	07/2009 ⁽³⁾	0	5/07/2018	Comm Stoc		5,300	\$75.63	5,300)	D	

Explanation of Responses:

- $1.\ Amount\ shown\ reflects\ a\ 2-for\mbox{-}1\ stock\ split\ effective\ on\ May\ 10,\ 2002.$
- 2. Director stock option (right to buy) granted pursuant to the Laboratory Corporation of America Holdings 2008 Stock Incentive Plan.
- 3. The option vests in three equal annual installments beginning on the date reflected in this column.

Remarks:

By: /s/ BRADFORD T. 05/09/2008 SMITH, Attorney-in-Fact for Robert E. Mittelstaedt

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.