FORM 3

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

# INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	01 0000	1011 00(11) 01 1	and investment company Act of 13					
Schroeder Mark S	2. Date of Event Requiring Statement (Month/Day/Year) 11/05/2019		3. Issuer Name <b>and</b> Ticker or Trading Symbol  LABORATORY CORP OF AMERICA HOLDINGS [ LH ]					
(Last) (First) (Middle) 531 SOUTH SPRING STREET			Relationship of Reporting Perso (Check all applicable)     Director	n(s) to Issue	(Mor	5. If Amendment, Date of Original Filed (Month/Day/Year)		
			<ul> <li>Officer (give title below)</li> </ul>	Other (spec		6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street)			EVP, President-Diagno	ostics Lab	X	Form filed by	y One Reporting Person	
BURLINGTON NC 27215						Form filed by Reporting P	y More than One erson	
(City) (State) (Zip)								
Table I - Non-Derivative Securities Beneficially Owned								
1. Title of Security (Instr. 4)			eneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect ( (Instr. 5)	rm: Direct (D) (Instr. 5) Indirect (I)			
Common Stock			178.6401	D				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)								
1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)	
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Direct (D) or Indirect (I) (Instr. 5)		
Non-qualified Stock Options <sup>(1)</sup>	02/07/2018 <sup>(2)</sup>	02/06/2027	Common Stock	3,400	130.6	D		
Non-qualified Stock Options <sup>(1)</sup>	02/12/2019 <sup>(2)</sup>	02/11/2028	Common Stock	2,700	168.49	D		
Non-qualified Stock Options <sup>(1)</sup>	02/12/2020 <sup>(2)</sup>	02/11/2029	Common Stock	3,500	146.59	D		
Restricted Stock Unit	(3)	(3)	Common Stock	297	(4)	D		
Restricted Stock Unit	(5)	(5)	Common Stock	467	(4)	D		
Restricted Stock Unit	(6)	(6)	Common Stock	850	(4)	D		

## ${\bf Explanation\ of\ Responses:}$

- 1. Employee stock option (right to buy) granted pursuant to the Laboratory Corporation of America Holdings 2016 Omnibus Incentive Plan.
- 2. The option vests in three equal installments beginning on the date reflected in this column.
- 3. The Restricted Stock Units vest on 2/7/2020.
- 4. Each Restricted Stock Unit represents the contingent right to receive one share of Laboratory Corporation of America Holdings Common Stock.
- $5.\ The\ Restricted\ Stock\ Units\ vest\ in\ two\ equal\ installments\ on\ 2/12/2020\ and\ 2/12/2021.$
- 6. The Restricted Stock Units vest in three equal annual installments beginning on 2/12/2020.

#### Remarks:

Exhibit 24 - Power of Attorney

/s/ Sandra D. van der Vaart, Attorney-in-Fact for Mark S.

11/07/2019

Schroeder

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

# POWER OF ATTORNEY

KNOWN ALL MEN BY THESE PRESENTS, that the undersigned hereby constitutes and appoints Sandra D. van der Vaart attorney-in-fact and agent, in connection with the filing for the undersigned on Form 3, Form 4, and Form 5 under the Securities Act of 1934, as amended, including, without limiting the generality of the foregoing, to sign the Form 3, Form 4, and Form 5 with respect to the undersigned's holding of and transactions in securities issued by Laboratory Corporation of America Holdings, in the name and on behalf of the undersigned as an officer of Laboratory Corporation of America Holdings, and any amendments to the Form 3, Form 4, or Form 5 and any instrument, contract, document or other writing, of or in connection with the Form 3, Form 4, and Form 5 or amendments thereto, and to file the same, with all exhibits thereto, and other documents in connection therewith, including this power of attorney, with the Securities and Exchange Commission and any applicable securities exchange or securities self-regulatory body, granting unto said attorney-in-fact and agents, each acting alone, full power and authority to do and perform each and every act and thing requisite and necessary to be done in and about the premises, as fully to all intents and purposes as he might or could do in person, hereby ratifying and confirming all that said attorney-in-fact and agents, each acting alone, or her substitute or substitutes, may lawfully do or cause to be done by virtue hereof. This power of attorney shall become effective immediately, and shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5, with respect to the undersigned's holdings of and transactions in securities issued by Laboratory Corporation of America Holdings, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has signed these presents this 1st day of November, 2019.

/s/ Mark S. Schroeder
Mark S. Schroeder