UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

File	d by th	e Registrant 🗵	Filed by a Party other than the Registrant \Box	
Che	ck the	appropriate box:		
	Con	Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))		
	Definitive Proxy Statement			
\boxtimes	Defi	nitive Additional Materi	ls	
	Solid	citing Material under §24).14a-12	
		Labo	Catory Corporation of America Holdings (Name of Registrant as Specified In Its Charter)	
			(Name of Person(s) Filing Proxy Statement, if other than the Registrant)	
Payı	ment o	f Filing Fee (Check the a	ppropriate box):	
\boxtimes	No f	No fee required.		
	Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.			
	(1)	Title of each class of s	curities to which transaction applies:	
	(2)	Aggregate number of s	curities to which transaction applies:	
	(3)		nderlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the nd state how it was determined):	
	(4)	Proposed maximum ag	gregate value of transaction:	
	(5)	Total fee paid:		
	Fee paid previously with preliminary materials.			
	Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.			
	(1)	Amount Previously Pa	i:	
	(2)	Form, Schedule or Reg	stration Statement No.:	

(3)	Filing Party:
(4)	Date Filed:

*** Exercise Your Right to Vote ***

Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on May 9, 2019.

LABORATORY CORPORATION OF AMERICA HOLDINGS

LABORATORY CORPORATION OF AMERICA HOLDINGS 358 SOUTH MAIN STREET BURLINGTON, NC 27215

Meeting Information

Meeting Type: Annual Meeting
For holders as of: March 22, 2019

Date: May 9, 2019 **Time:** 9:00 A.M. EDT

Location: Meeting live via the Internet-please visit

www.virtual shareholder meeting.com/LH2019.

The company will be hosting the meeting live via the Internet this year. To attend the meeting via the Internet please visit www.virtualshareholdermeeting.com/LH2019 and be sure to have the information that is printed in the box marked by the arrow (located on the following page).

You are receiving this communication because you hold shares in the company named above.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

— Before You Vote —

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

NOTICE AND PROXY STATEMENT ANNUAL REPORT

How to View Online:

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

1) BY INTERNET: www.proxyvote.com 2) BY TELEPHONE: 1-800-690-6903

3) BY E-MAIL*: sendmaterial@proxyvote.com

* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow \(\rightarrow \times \

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before April 25, 2019 to facilitate timely delivery.

— How To Vote —

Please Choose One of the Following Voting Methods

Vote By Internet:

Before The Meeting:

Go to *www.proxyvote.com*. Have the information that is printed in the box marked by the arrow \rightarrow [located on the following page) available and follow the instructions.

During The Meeting:

Go to www.virtualshareholdermeeting.com/LH2019. Have the information that is printed in the box marked by the arrow → XXXX XXXX XXXX XXXX (located on the following page) available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

Voting Items

The Board of Directors recommends you vote FOR each of the Nominees listed in the following proposal:

1. Election of the members of the Company's Board of Directors.

Nominees

- 1a. Kerrii B. Anderson
- 1b. Jean-Luc Bélingard
- 1c. D. Gary Gilliland, M.D., Ph.D.
- 1d. David P. King
- 1e. Garheng Kong, M.D., Ph.D.
- 1f. Peter M. Neupert
- 1g. Richelle P. Parham
- 1ih Adam H. Schechter
- 1i. R. Sanders Williams, M.D.

The Board of Directors recommends you vote FOR the following proposals:

- 2. To approve, by non-binding vote, executive compensation.
- 3. Ratification of the appointment of PricewaterhouseCoopers LLP as Laboratory Corporation of America Holdings' independent registered public accounting firm for 2019.

NOTE: Such other business as may properly come before the meeting or any adjournment thereof.

362-P07376